



August Tennis Programs: 4 Week Session at TTC

Beginning Monday July 27th and ending Friday, August 21st

No Programs on August 3rd, 2020

TIME	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
9 AM					Adult Clinic and Play 2.0 9:00AM-10:30AM Intermediate		
10 AM			50 Plus Tennis 2.0 9:30AM-10:30AM Intermediate				
11 AM			50 Plus Tennis 1.0 11AM - 12PM Beginner		Adult Clinic and Play 1.0 11AM - 12PM Beginner	Tennis Matches COMPETITIVE PLAYERS 11AM – 1PM	
12 PM							
1 PM		JUNIOR COMPETITIVE 1PM - 3PM	JUNIOR COMPETITIVE 1PM - 3PM	JUNIOR COMPETITIVE 1PM - 3PM	JUNIOR COMPETITIVE 1PM - 3PM		
2 PM							
3 PM							
4 PM			Red PDP 4PM – 5PM	Orange Ball 4PM – 5PM	Green Ball 4PM – 5PM		
5 PM		Green PDP 5:30PM-7:00PM	Red Ball 5:30PM-6:30PM	Adult 1.0 5:30PM-6:30PM Beginner	Orange Ball 5PM – 6PM		
6 PM							
7 PM		Adult Competitive 7:30PM-8:30PM Advanced	Green Ball 7PM-8PM	TTC Member Clinic 7PM – 8PM	Yellow Ball 6:30PM – 7:30PM		
8 PM						Adult 2.0 7:30PM-8:30PM Intermediate	

Please See Back for more Details!

Would you like some more information? Give us a call (902) 843-4171 or email info@cougardome.ca

Youth Learn and Play

★ All ages are recommendations ONLY!

Recreational Stream

- Red Ball (Ages 5-7)
- Orange Ball (Ages 7-9)
- Green Ball (Ages 9-11)
- Yellow Ball (Ages 11+)
- Team Tennis

Advanced Stream

- Junior Competitive: Tennis Training (Invitation only)
- PDP Academy Programs: Tennis Training (Invitation only)

Adult Learn and Play

- Adult 1.0 and 2.0: Beginner and intermediate program for those who needs the basic skills to start playing and for those who needs to improve their game.
- Adult Competitive: Level 3.0 and 4.0 – Program for those who need advanced coaching.
- 50 Plus Tennis: If you want to have fun learning and playing, this is for you! 60 minutes of clinic.
- Adult Clinic and Play: Focus on fun learning and organized play
- TTC Member Clinic: Fun tennis session for TTC Members only

Pricing – Youth Learn and Play

Junior Recreational Programming - 4 week session: \$48.00
Competitive Programs = \$15.00 per hour

Pricing – Adult Learn and Play

Adult 1.0, 2.0, Competitive – 4 week session: \$48.00
50 Plus Tennis – 4 week session: \$32.00
Adult Clinic and Play (1 hr) - 4 week session: \$32.00
Adult Clinic and Play (1.5 hr) - 4 week session: \$48.00

All prices are subject to HST when applicable

August 2020: 4 Week Session

Week #1: Mon., July 27th – Fri., July 31st
Week #2: Tues., August 4th – Fri., August 7th
Week #3: Mon., August 10th – Fri., August 14th
Week #4: Mon., August 17th – Fri., August 21st

** Next schedule begins August 24th, 2020

** Mondays: 3 week session

** All the programs are at the Truro Tennis Club

** No Programs on Monday August 3rd, 2020 (Nova Scotia Day)

